



153 Stony Circle, Suite 100, Santa Rosa, CA, 95401

Tel. 707/573-3399 Fax 707/573-3380

www.volunteernow.org

Youth Volunteer Opportunities Summer 2010

***The Rose Brigade**, part of the Santa Rosa Rural Cemetery Restoration and Clean-up group, is working to restore the Santa Rosa Rural Cemetery roses to their original glory.

Minimum Age: 15

Opportunity: Help is needed watering roses from June through October at 2 week intervals as well as general maintenance; weeding & mulching as well as rose propagation.

Contact: Bill Montgomery, 573-0103

***Volunteers Needed at Camps for Children with Special Needs** Camps are sponsored by **United Cerebral Palsy of the North Bay**, serving children with disabilities.

Volunteer minimum age 16

Camp Kaos - held at Howarth Park, Santa Rosa.

Volunteer Orientation: July 26. Camp Dates: July 27-30. Activities include games, arts & crafts, boating, train rides & carousel rides.

This is an ideal opportunity to serve others. Give and Watch Yourself Grow! Call for times and more information: 415-307-5896, aelias@ucpn.org

***Many youth volunteer opportunities at Shining Star Kids Of America**, a premier life-skills training center for youth on a 125 Acre Farm-Ranch of "Pure Heaven" for children seeking understanding, patience, and unconditional love, now and all year long.

Volunteer minimum age: 13

Opportunities:

- Pass out flyers at Business Centers and downtown businesses. Fun and good exercise
- Gardening – Planting seeds, weeding, general garden and landscape chores. Equine Facility, Pool and wine barrels to be planted Enjoy a swim in the pool before heading home.
- Equine-Horse Stalls: Horse Maintenance, Feeding, Clean Stalls, General Maintenance
- Swimming Pool Cleaning – Landscape clean up
- Power-Wash Buildings
- Ranch Work – Different Daily, Help with program directors, Manager, Foreman, Equine Director as needed.

Contact: Rosa or Barbara at 707-321-1354

***The Petaluma Kitchen** a program of Committee On The Shelterless (COTS) offers hope and help to homeless and to persons at risk for being homeless, in Southern Sonoma County by providing them safe shelter and helping them attain a home of their own.

Food Box Program – Friday and Saturday mornings we deliver groceries to low and fixed income families, seniors and others in our community.

Minimum age:

Opportunity: Food Box Packers – several individuals or teams of up to 20. Monday – Saturday (Saturday - biggest need). 2 hours M-F 7:30 am – 9:30am. Sat. 6:30 am – 8:30 am.

Contact: Lynn Stanton, volunteers@cots-homeless.org or 765-6530 x111

***Chamber Music Society of Sonoma**, our mission, to teach and perform music in Sonoma County. Small ensemble concerts are free of cost to deserving venues.

Minimum Age: 16

Opportunity: Website designer, help create a website for the Chamber Music Society. Need assistance with web site design and maintenance. Other opportunities available from musicians to maintenance.

Contact: Emile Cote, Director, 584-8863

***Village Park Community Garden** is a collaboration between Global Student Embassy (GSE, [website](#)), Sebastopol Community Center and the City of Sebastopol. To date over 400 pounds of food has been donated to Food For Thought HIV/ AIDS food bank, to the residents of Village Park and to the Graton Day Labor Center.

Minimum age: 14

Opportunity: The community garden needs general help with weeding, planting and general maintenance.

Contact Lynn, 887-1481 or [email](#)

***Community Action Partnership** runs a wide variety of programs helping to end poverty.

Minimum age 16

Opportunities:

- Help kids prepare for Kindergarten who have not had the opportunity to attend preschool. Classroom aides needed to assist teachers, duties may include reading to children, helping them use scissors, learn colors and shapes, do crafts, and participate in games. Aides are needed at: *Monroe School* in the mornings from **July 6 to July 30**, and *Bellevue School* in the mornings from **July 12 to August 6**. The aim is to have children become familiar with "classroom etiquette" and socialize well before they begin kindergarten in the Fall.
- Love Kids? Then we need you! Many of our clients are working hard to climb out of poverty. Help to support them by caring for their children while they attend financial management, parenting, and job development classes. Often parents are unable to attend class because they have no-one to care for their children. Volunteers needed Thursday evenings throughout the year from 5:30 to 7 pm at our women's transitional center.

If you are able to help, or want more information please contact Hazel Whiteoak at 544-6911 X1015, or hwhiteoak@capsonoma.org

***Ceres Community Project.** Teens are the chefs who work alongside professional mentors, preparing organic healthy meals for those facing life threatening illness.

Minimum age 13-19 yr old.

Opportunity: limitations & schedule - **Tuesday, Wednesday and Thursday 1-5pm** in Sebastopol. Teens cook and package almost a weeks worth of meals for our clients and their families. Also opportunities to staff tables at Farmers Markets.

Contact person - Margaret Howe, margaret@ceresproject.org, 707- 360-8452

***Extended Child Care**

Extended Child Care (ECC) is a private non-profit providing school-age childcare on ten school campuses in Santa Rosa and Windsor. The agency offers a full day program (7am-6pm) during the summer and on non-school days.

Min age: 16 years old

Youth volunteers must present proof of a negative TB test taken within the last year. Maximum of 16 hours per week. Under the supervision of center teaching staff, volunteers would help with supervising groups of children, maintaining the facility, preparing meals/snacks, and presenting curriculum. Must be friendly and responsive to center staff, children, and families.

Contact: Sheri Kemper @ 545-2402 or sheri@extcc.org

*** KGGV Guerneville "The Bridge" 95.1 FM.** Our mission: to bridge the river communities.

Available for listening outside the low power area by visiting us at kggv.blogspot.com

KGGV is a non-profit, non-commercial, all-volunteer radio station serving the lower Russian River communities.

Minimum age: For all west Sonoma County residents under the age of 18, we have a youth intern slot open in our programming ongoing for all youth of school age who are interested in radio programming. Training available.

Restrictions include parental permission. Time slot is Sunday afternoons 4-5pm on a weekly commitment, with approval of application. Application available on line at: kggv.blogspot.com .

Contact person: Nancy Jo Wood Station Manager volunteers@kggvfm.org 707/869-1131

***ReStore** is the Habitat for Humanity retail store that recycles donated building materials, proceeds help fund Habitat for Humanity projects that provide safe and adequate housing for Sonoma County families.

Minimum age: 16

Opportunities: Help with setting up the new store location & ongoing opportunities at the store. A variety of opportunities are available:

- Receptionist: answer incoming and transfer calls, prescreen donations, record donor information, and various office tasks and data entry as needed
- Warehouse Associate: assist unloading, preparing, stocking and displaying donated building materials
- Outreach Specialist: act as agency representative by staffing info table at events and festivals
- Sales Floor Associate: greeting, assisting and answering customer questions

Contact: Cherie Gannon-Taylor, c.gannon-taylor@sonomacountyhabitat.org or 328-3481.

***Canine Companions for Independence** (CCI) Canine Companions for Independence (CCI) is a non-profit organization established in 1975 that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

Minimum age: age 15 and up

Opportunity: Setting up for CCI Graduation, directing parking traffic, breaking down the event. Friday, August 13, 11:00am to 4:00pm

Center for Spiritual Living, 2075 Occidental Rd., Santa Rosa 95401

Contact: Krista at khutarid@cci.org

***Friends House** Life Care community operated by the Society of Friends- includes independent living, assisted living and skilled nursing facilities.

Minimum age 15

Opportunities:

- Gardening Assistant – looking for a volunteer experienced with yard work. Young man preferred.
- Office help – help in the business office filing and sorting
- Arts & Crafts activity assistant – help with arts and crafts class, and also assisting in a painting class
- Entertainer – Anyone who would like to entertain with singing, playing instruments. Reading good old sing-along songs; getting everyone to sing along with the piano player.
- TB test provided by Friends House
- Friendly visiting - 1 on 1 visits in nursing unit. Visit, converse with, listen to, encourage, or just be with some of our residents who need personal attention. Assist in a variety of activities. Willingness to help and able to understand the elderly. TB test provided by Friends House. Hours flexible.

Contact: Nancy Fitzpatrick, 539-7753